



Troy Parks and Recreation

Friendship Club

For persons 13 and up unless otherwise specified.

Activities are held at the Troy Community Center, 3179 Livernois, Troy MI 48083, (248) 524-3484, unless otherwise noted.

Staff will try their best to meet everyone's needs, but if behavior problems persist,
you will be asked to provide an aide or to withdraw from the activity.



September/October 2009

DEAR PARENTS & FRIENDSHIP CLUB MEMBERS:

Fall is nearly upon us. With the cool weather comes the Troy Daze Festival and Basketball. Look for more info inside the newsletter. Please be advised that Saturday Bowling resumes September 12th. Friday Frolic will return on September 11.

PLEASE NOTE: Just a reminder that all participants must have a membership form on file in the Parks and Recreation Office. If you do not have a membership form on file, then stop at the Community Center front desk or call 248-524-3484 and we will mail one to you. Once you turn in this form we will mail you a membership card. Only members that have a current form on file will receive the newsletter.

Thank you!

Cost for Tuesday and Thursday Daytime program is \$70 for residents and \$75 for non-residents. All Drop-In activities are now \$5, or \$4 with purchase of a punch card. See Below.
We will no longer provide transportation to Diner's Club.

PUNCHCARD PAYMENT SYSTEM AVAILABLE!!! Save money by using a PUNCH CARD!!!

This can be used to pay for Movie and Pizza, Karaoke and Dancing, Friday Frolic, and Bingo. These activities are \$5.00 per person at the door. Purchase a punch card at the front desk for \$41 for residents of Troy and \$46 for non-residents. This will result in a savings of \$9 for residents and \$4 for non-residents over paying at the door. This punch card is good for admission into ten of these events.

You can save money by purchasing and using the punch card for these events.

Bowling will remain \$5.00 for all participants, payable at the door.

There is no refund for lost or stolen cards, so be careful not to lose your punch card once you purchase it. Write your name and phone number on the back in case you misplace it. This card can be purchased with cash, check or credit card (Mastercard or Visa) at the front desk at the Community Center.

PLEASE DO NOT DROP PARTICIPANTS OFF EARLY FOR AN EVENT AND LEAVE. LIKEWISE, PLEASE BE AVAILABLE TO PICK UP YOUR PARTICIPANT NO LATER THAN THE LISTED CLOSING TIME. THE PARKS AND RECREATION FRONT DESK STAFF ARE NOT RESPONSIBLE!!

Thanks for your cooperation!

Elaine Torvinen

September

MONDAY, September 7 – NO DINERS CLUB due to Labor Day Holiday.

FRIDAY September 11 – FRIDAY FROLIC

Time: 7:00 - 9:30pm

Location: Troy Community Center

Cost: Punch card or \$5.00 at the door. Aides can purchase refreshments for \$1.00

NO PRE-REGISTRATION REQUIRED

MONDAY, September 14 - MOVIE AND PIZZA

Join us for a movie and pizza snack at the Community Center.

The movie will be ***G-Force***

Time: 6:30-8:30 pm

Location: Troy Community Center

Cost: Punch card or \$5.00 at the door. (includes movie, drink, and a pizza snack).

NO PRE-REGISTRATION REQUIRED

Aides may purchase pizza \$1.00/slice. Please place your order when you check in.

THURSDAY, September 17 - TROY DAZE – See information later in this newsletter.

MONDAY, September 21 - KARAOKE AND DANCING

Have fun while singing along with latest and greatest artists. Pop and chips will be served. Feel free to dance along. Bring your favorite CD if you want to sing.

Time: 7:00 - 8:30pm

Location: Troy Community Center

Cost: Punch card or \$5.00 at the door. **NO PRE REGISTRATION REQUIRED**

Aides may purchase pop and chips for \$1.

MONDAY, September 28 – BINGO NIGHT

Prizes will be given to the winners, and we will break for refreshments.

Time: 7-8:30 pm

Location: Troy Community Center

Cost: Punch card or \$5.00 at the door. **NO PRE-REGISTRATION REQUIRED**

Aides may purchase pop and chips for \$1.

October

SUNDAY, October 4 - DISNEY ON ICE - See information later in this newsletter.

MONDAY, October 5 - DINERS CLUB Please register by Friday prior to event.

The restaurant this month will be at Big Beaver Tavern 645 E. Big Beaver Rd., Troy 48083 (formerly Larco's)

Activity #135300 C Meet at the restaurant at 6:30pm (own transportation)

Time: 6:30 - 8:15p.m.

Cost: \$20 Residents, \$22 Non-Residents includes dinner, beverages, tip, chaperones.

MONDAY, October 12– MOVIE AND PIZZA

Join us for a movie and pizza snack at the Community Center. The movie will be a ***Halloween Favorite***

Time: 6:30-8:30 pm

Location: Troy Community Center

Cost: Punch card or \$5.00 at the door. (includes movie, drink, and a pizza snack).

NO PRE-REGISTRATION REQUIRED

Aides may purchase pizza \$1.00/slice. Please place your order when you check in.

FRIDAY, October 9 - FRIDAY FROLIC –

This dance is for persons 16 and up. Join us and bring a friend!!! Reservations are not required.

Time: 7:00 – 9:30pm

Location: Troy Community Center

Cost: Punch card or \$5.00 at the door. **NO PRE-REGISTRATION REQUIRED**

Aides may purchase pop and chips for \$1.

MONDAY, October 19 – KARAOKE AND DANCING

Pop and chips will be served while fun will be had singing along with the latest and greatest artists. Feel free to dance along. Bring your favorite CD if you want to sing and sign up for a turn when you arrive.

Time: 7:00 – 8:30pm

Location: Troy Community Center

Cost: Punch card or \$5.00 at the door. **NO PRE REGISTRATION REQUIRED**

Aides may purchase pop and chips for \$1.

MONDAY, October 26 – HALLOWEEN BINGO NIGHT

Special prizes will be given to the winners, and we will break for refreshments. Costumes are welcome!

Time: 7-8:30 pm

Location: Troy Community Center

Cost: Punch card or \$5.00 at the door. **NO PRE-REGISTRATION REQUIRED**

Aides may purchase pop and chips for \$1.

FRIDAY, OCTOBER 30 – FREAKY FRIDAY FROLIC HALLOWEEN DINNER DANCE

See information later in this newsletter.

MY CHANCE TO DANCE

Winner of the 2002 Governor's Amateur Athletic Event Award, this dance/exercise program presented by C.C. Plus includes circle dances, party dances, line dances, fun music and great exercise. The program is specially choreographed to avoid failure and build on success! Wheelchairs and walkers welcome!! **Payment should be made to the instructor at class.** The fee is \$6 per class for drop-in students or \$40 for eight classes paid in advance. ATTN MORC Clients: Ask your support coordinator how you can attend this class for FREE!

Day	Time	Location	Begins	Ends
Tuesday	6:30-7:30 p.m.	Big Beaver Church 3753 John R	Sept. 29	April 27

BASKETBALL

Register now for the 10-week fall and winter basketball sessions. Participants will be divided in to four teams. Join coach Courtney Dalley for a fun season! The four teams will practice together for the first few weeks and then play against each other and have playoffs. On the first day of basketball, a more detailed letter will be passed out.

Act. #	Day	Time	Location	Fee	Begins	Ends
145343E	Tuesday	6:30-8:30pm	Community Center	\$54R \$59NR	Sept. 15	Nov. 17
145343F	Tuesday	6:30-8:30pm	Community Center	\$54R \$59NR	Jan. 12	Mar. 16

DAYTIME FRIENDSHIP CLUB

This program for ages 18 and older meets every Tuesday and Thursday from 10 am to 3 pm (except holidays as noted) at the Troy Community Center with many fun activities brought to you by Kathy Martin and staff. Activities will be revised based on your requests, and we are always open to your suggestions. The fee is \$70 per month for one day a week or \$140 for both days for residents and \$75 per month for one day per week or \$150 for both days for non-residents.

Pre-registration is required and you must register for the entire month. Please let us know if you have any questions. You can call Elaine Torvinen at the Community Center 248-524-3484 or email E.Torvinen@troymi.gov.

Register early!!! Space is limited. If you wait until the first day of the month to register the program may be filled.

We ask that new participants attend with a family or staff member on a Tuesday or Thursday prior to registering to be introduced to the program and give staff time to ask questions to ascertain the needs of the participant. This will also give ample time for all necessary paperwork to be completed before enrolling. Thank you for your cooperation.

The activity numbers for the 2009-2010 season are as follows:

Tuesdays

Sept. 135304C	Mar. 135304J
Oct. 135304D	Apr. 135304K
Nov. 135304E	May 135304L
Dec. 135304F	June 135304M

Thursdays

Sept. 135311C	Mar. 135311J
Oct. 135311D	Apr. 135311K
Nov. 135311E (No class 11/26)	May 135311L
Dec. 135311F (No class 12/24 & 31)	June 135311M

Daytime Friendship Club Sample Schedule

Morning – Current events & gym

Lunch – Please refer to the monthly schedule for lunch plans. One week, we may go out for lunch. One week we provide pizza and salad. The other weeks participants bring their own sack lunch.

Afternoon – The activities planned for the afternoon include community trips, walks, karaoke, dancing, movies, games, service projects, crafts, birthday parties, swimming and more!!!

Staff will try their best to meet everyone's needs, but if personal daily living needs or behavior problems persist we will ask you to provide an aide or withdraw from the program. Aides are not required to pay the \$70 fee but must pay for meals, admission fees for field trips and other incidentals. Please come prepared to pay the appropriate fee. A receipt can be issued for reimbursement purposes.

A 25% subsidy is available to low-income Troy residents who meet the following guidelines: 1 person household – annual income of \$24,450 or less; 2 person household – annual income of \$27,950 or less; 3 person household – annual income of \$31,450 or less. Please call 248-524-3484 for information on larger household sizes. Applicants must fill out a confidential application and submit it at the time of registration. Please call 248-524-3484 and we will mail an application to you.

Transportation for Troy residents may be available through Troy Medi-Go Plus. Call 248-457-1100 for reservation information. There is no charge for Medi-Go, but donations are accepted.



Special Olympics
Michigan
Oakland County

Team Troy Special Olympics Parent's Page

(248) 524-3484 3179 Livernois Troy, MI 48083

Anyone needing information regarding health forms can contact the Special Olympics office at (586) 731-0922.

DISNEY ON ICE, SUNDAY OCTOBER 4, 1:00 MATINEE SHOW

Join the Troy Friendship Club for a matinee performance of *Disney On Ice* at the Palace of Auburn Hills. Activity price includes ticket, transportation and staffing. We will travel to the game by bus from the Troy Community Center. There is wheelchair accessible transportation and seating. Participants can purchase their own snacks if desired. **All food will need to be purchased on your own**

This event is coming up quickly, so don't wait too long to purchase your ticket.

Deadline for reservations is September 10, 4:00.

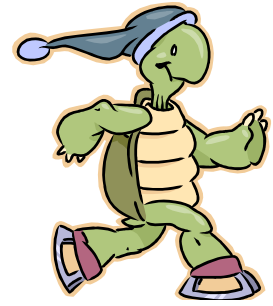
Be at Community Center by 11:30am

Bus loading at 11:45AM

Estimated return time is 4:15PM

Activity #135301A

\$35 Troy residents \$40 Non Residents



FIRST ANNUAL FREAKY FRIDAY DINNER DANCE, FRIDAY OCTOBER 30 6:30PM

It's time for some food & fun at the first annual Friendship Club **FREAKY FRIDAY DINNER DANCE!** The dinner dance is scheduled for **Friday, October 30. 6:30-9:30** in the Community Center Ballroom. Costumes are encouraged but are not required to participate. Activities will include: *Dinner, Halloween Treats, Crafts, Dancing, Karaoke and a Costume Parade.* The dinner menu includes snacks, chicken (broasted or grilled), broasted potatoes, cole slaw, rolls, dessert and soft drinks. Please note if your participant needs accommodations for diabetes. **PRE-REGISTRATION IS REQUIRED FOR ALL PARTICIPANTS AND INDIVIDUAL ASSISTANTS WHO WANT TO BUY DINNER.** Please register according to your dinner selection. *Chicken Shack* of Clawson is a supporter of this event. Volunteers will be needed to help the night if this event. If interested contact Kathy Martin at kieran2@aol.com. **DEADLINE FOR REGISTRATION – Wednesday October 21.**

REGISTRATION FOR PARTICIPANTS

Activity #135319A \$20.00 Broasted Chicken Tenders

Activity #135319B \$20.00 Grilled Chicken

DINNER ONLY FOR INDIVIDUAL ASSISTANTS

Activity #135319C \$10.00 Broasted Chicken Tenders

Activity #135319D \$10.00 Grilled Chicken

DETROIT BASKETBALL!!!

DETROIT PISTONS GAME, SUNDAY NOVEMBER 8

Join us as we watch the Pistons play Philadelphia for their 1:00 game on Sunday, November 8. Tickets include transportation from the Troy Community Center, game tickets and group staff supervision. Participants should bring their own money for snacks and/or souvenirs. Those participants requiring individual care should register an assistant with them. There is wheelchair accessible seating available. Please advise us of this need when you register.

Be at Community Center by 11:30am

Bus loading at 11:45AM

Estimated return time is 4:15PM

Activity #135318A

Fee : \$50 R \$55 NR

DEADLINE FOR REGISTRATION: OCTOBER 5, 4:00PM



ON GOING EVENTS

Basketball	Tuesday evenings fall and winter at the Troy Community Center for persons with developmental disabilities. Pre-registration is required. Minimum age: 16.
Bowling	Saturdays (except holiday weekends and July and August) from 11 a.m - 1 p.m. at Troy Lanes (Square Lake west of John R). <u>\$5 per week includes shoes and three games.</u> Drop-in. Minimum age: 10.
Daytime Friendship Club	Tuesday and Thursday from 10 a.m. – 3 p.m. at the Community Center. Activities include sports, field trips, movies, games and more. \$68 month residents for 1 day or \$136 for both days. <u>Pre-registration is required.</u> Minimum age: 18.
Diners Club	<u>Meet at a local restaurant on the first Monday of each month for dinner.</u> Pre-registration is required by the Friday prior to event. Minimum age: 16. No longer providing transportation for this event.
Friendship Club	For teens and adults with developmental disabilities, this club meets on the second, third and fourth Monday evening at the Troy Community Center. The second Monday is Movie and Pizza night, third Monday is Karaoke and Dancing, and the fourth Monday is Bingo night. Reservations are not required. Minimum age: 13.
Friday Frolic	This dance for teens and adults with developmental disabilities is held on the second Friday of each month (except July and August) at the Troy Community Center from 7 – 9:30 p.m. The fee is \$4 at the door. Reservations are not required. Minimum age: 16.
Karaoke and Dancing	Pop and chips will be served while fun will be had singing along with the latest and greatest artists. Feel free to dance along. Bring your favorite CD if you want to sing. The third Monday of the month at the Troy Community Center from 7:00 - 8:30pm. Fee is \$5 at the door or use a punch card. Aides may purchase pop and chips for \$1.
My Chance to Dance	Tuesday evenings from 7-8pm at the Big Beaver United Methodist Church September – April. Minimum age 13.
Performing Arts Club	For teens and young adults with developmental disabilities. Wednesdays from 7-9 pm at the Troy Community Center. Co-sponsored by the Italian Study Group of Troy. As of Sept. 1 participants will need to register at the front desk and pay \$10(R) \$12(NR) annual fee for activity #145300A. This fee is waived for the first time attending and will be prorated after six months. For more information, call Denise at 248-585-5246. Minimum age: 16.
Soccer League	Spring and fall soccer is offered by the Troy Youth Soccer Ability League for physically and developmentally disabled ages five through 26. Teams are formed by age and ability. Call TYSA 248-524-0170 for information.
Softball	A Thursday evening league for teens and adults with developmental disabilities plays against other cities in Oakland County May through August. Practices are held on Tuesday evenings. Pre-registration by April 1 required. Minimum age: 16.
Special Events	Countywide special events are offered by Oakland County Parks for people with cognitive and physical impairments. Call (248) 858-7596 to receive the Oakland County Parks newsletter.
Special Olympics	Team Troy Special Olympics participates in swimming, track and field, and golf. Minimum age: 8.
Weight Watchers	Thursdays at 6:15 pm at the Troy Community Center. The fee is .50 per week plus \$10(R) \$12(NR) participation fee. Braille is available. Persons accompanying a program participant may participant for the same fee. Cosponsored by the ARC. As of Sept. 1 participants will need to register at the front desk and pay \$10(R) \$12(NR) annual fee for activity #145300B. This fee is waived for the first time attending and will be prorated after six months. Call Sharon Connelly at 248-816-1900 for details. Minimum age 13.
Wheelchair Sports	For men and women 18 and older with physical disabilities. Friday evenings at Boulan Middle School, September through March. Call Oakland County Parks at 248-858-7596 for details.

MAIL-IN REGISTRATION FORM

All patron requested refunds are subject to a \$10 cancellation fee.

RELEASE OF LIABILITY: I hereby voluntarily release and hold harmless the City of Troy and the Troy School District from all liability for all types of damages or injuries, whether foreseeable or not, sustained by myself, my child and other family members while participating, watching and traveling to or from this activity.

Name of Participant _____

Contact Person _____

Address _____

City _____ **Zip** _____

Phone _____

Activity #: _____ **Fee** _____

Activity #: _____ **Fee** _____

Activity #: _____ **Fee** _____

Activity #: _____ **Fee** _____

TOTAL DUE: _____

Signed: _____ **Date:** _____

ENCLOSE REGISTRATION FEE (checks payable to: City of Troy) along with this waiver form and mail to:

Troy Parks and Recreation, 3179 Livernois, Troy, MI 48083.

To register online, go to www.ci.troy.mi.us and click on the Parks and Rec Registration button on the home page. Enter your household number for username (find this number near the bottom left side of previous receipt or call 248-524-3484) and the last name of head of household for password. On the next screen, click on SHOP and then ACTIVITY ENROLLMENT. You can only register people in your own household.

September 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3 Friendship Club 10am-3pm W. Watchers 6:15	4	5
6	7 Best Wishes for Labor Day NO DINER'S CLUB	8 Friendship Club 10am-3pm	9	10 Friendship Club 10am-3pm W. Watchers 6:15	11 Friday Frolic 7-9:30pm	12 Bowling 11:00am – 1:00pm
13	14 Movie and Pizza 6:30pm-8:30pm	15 Friendship Club 10am-3pm	16 Performing Arts 7:00pm	17 Friendship Club 10am-3pm W. Watchers 6:15 TROY DAZE 6:00-9:00pm	18	19 Bowling 11:00am – 1:00pm
20	21 Karaoke and Dancing 7-8:30pm	22 Friendship Club 10am-3pm	23 Performing Arts 7:00pm	24 Friendship Club 10am-3pm W. Watchers 6:15	25	26 Bowling 11:00am – 1:00pm
27	28 Bingo 7pm-8:30pm	29 Friendship Club 10am-3pm	30 Performing Arts 7:00pm			

October 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Friendship Club 10am-3pm W. Watchers 6:15	2	3 Bowling 11:00am – 1:00pm
4 Disney On Ice	5 Diner's Club 6:30-8:15pm	6 Friendship Club 10am-3pm	7 Performing Arts 7:00pm	8 Friendship Club 10am-3pm W. Watchers 6:15	9 Friday Frolic 7-9:30pm	10 Bowling 11:00am – 1:00pm
11	12 Movie and Pizza 6:30pm-8:30pm	13 Friendship Club 10am-3pm	14 Performing Arts 7:00pm	15 Friendship Club 10am-3pm W. Watchers 6:15	16	17 Bowling 11:00am – 1:00pm
18	19 Karaoke and Dancing 7-8:30pm	20 Friendship Club 10am-3pm	21 Performing Arts 7:00pm	22 Friendship Club 10am-3pm W. Watchers 6:15	23	24 Bowling 11:00am – 1:00pm
25	26 Bingo 7pm-8:30pm	27 Friendship Club 10am-3pm	28 Performing Arts 7:00pm	29 Friendship Club 10am-3pm W. Watchers 6:15	30 Freaky Friday Dinner Dance 6:30 – 9:30pm	31 Halloween Bowling 11:00am – 1:00pm



Troy Daze Pizza Party & Rides!

Thursday, September 17
6 - 9 pm
at Boulan Park

Cost: \$4 per person

Check-in: 6-7 pm

Food: 6-7 pm

Rides: 6-9 pm

**Come and enjoy amusement rides, games,
food, fun and friends!**

**Register at the Troy Community Center by
Wednesday, September 16, at 10 pm
by using Activity #145313H.**

Please be advised that chaperones must pay \$4 fee.

**Please note: parking stickers are \$6 if purchased in advance of the event at the
Community Center (beginning in August). Stickers sold at Troy Daze will be
\$10. Parking stickers are good for the length of the festival.**

Parking stickers are not needed for those who are being dropped off. Participants can be dropped off at a drop-off point on Northfield Parkway, South of Wattles Road; volunteers will direct you. A shuttle service will be provided at this point and take participants to the Entertainment Tent, where this event will be held.